

Weekly Plan for Grade-7

Week-XXVI			Dated:07-09-26 to 12-09-26		
S.No	Subject	Topic	Page No.	Home Assignment	Activity
1.	English Grammar	Revision of unit 2 Chapter no. 17 Phrases and clauses continued chapter no. 18 Sentence Types Introduction	159-166 167-170	Prepare spell bee words.	Students will work in pairs to identify phrases and clauses in different sentences.
2.	Math	Chapter no. 13 : Perimeter and Area Exercise 13.3 & Exercise 13.5	276 - 295	Watch, Learn & Practise! Watch the below given video on Area of Parallelogram, Rhombus and Circumference of a Circle and understand the formulae. https://youtu.be/uj6k22WubCk?si=_6CWgFyILbZ6NAfg https://youtu.be/5luPKIRVcaE?si=5YS2I6_HGH6NqGvk https://youtu.be/xl2OABfNg8?si=LGBEjLTjfvqW_Xxy Task: Solve the given examples based on the area of a Parallelogram , Rhombus and Circumference of a circle in your notebook.	Lab Activity: To learn to solve the linear equations.
3.	Science	Physics Chapter 5 :Heat Catching Fire Change of State – Melting, Freezing, Boiling, Evaporation, Condensation and Sublimation Thermal Expansion in Solids, Liquids and Gases Transfer of Heat – Conduction, Convection and Radiation Thermos Flask	63-77	Notebook submission Biology on Monday (07-09-26)	Lab Activity: To show that gases expand on heating Glossary Words: Incombustible, Inflammability, Vaporisation, Sublimation, Condensation, Thermal expansion

4.	Social Studies	Civics Chapter 11:- Why was Money Invented? The Journey Of Coins The Rise Of Paper Money The New Age of Money- Digital Payments	175-185	Create a timeline of Indian coins after independence .Paste or draw at least four coins from different periods and write one important change seen in each.	Class Activity: Design and paste a paper coin/note and write 3 reasons why money was better than Barter system. (Submission of History notebooks on 07-09-2026)
5.	Urdu II Language	سبق نمبر ۷: برگزیدہ محمد عثمان (تعارفی سبق)	صفحہ نمبر: 57-59	مضمون نگاری کی مشق	سبق کی دہرائی
6.	Urdu III Language	معنوں کے لحاظ سے اسم کی قسمیں. (مشق)		مذکر اور مؤنث کی دہرائی	اسم نکرہ اور اسم معرفہ میں فرق
7.	Hindi II Language	मीरा के पद इस पाठ का परिचय दिया जाएगा	128-137	इस पाठ के प्रश्न उत्तर कॉपी पर लिखने को कहा जाएगा	प्रश्न-उत्तर गतिविधि: विद्यार्थी जोड़ी बनाकर एक-दूसरे से पाठ से संबंधित प्रश्न पूछेंगे और उनके उत्तर देंगे।
8.	Hindi III Language	पानी अमृत है इस पाठ का परिचय दिया जाएगा	99-105	इस पाठ को घर पर पुनः पढ़ने को कहा जाएगा	पानी बचाव के संदर्भ में बच्चे एक पोस्टर बनाएंगे
9.	Computer	Chapter No.9 Designing with Canva(Contd...) Introduction. Mind Map. Designing a Mind Map.	97-99	Revise the Content taught in classroom	Notebook Submission:-Chapter NO:-07 Operators in Python(coding) Date:-07-09-2026
10.	Moral Science	Chapter 16: Water ,Water everywhere.	71-76	Revise the content taught in the classroom	
11.	Culinary Submission of rosemary or any herb sapling. Students are required to submit their complete portfolio files.	Craft Students are required to submit a small paper Mache craft item made at home such a small bowl .Assessment will be based on the submitted project Students are required to submit their complete portfolio files		Electronics Students have to create a project of their choice using the material available. Students are required to submit their complete portfolio files	Artificial Intelligence Students will have an assessment on AI assistant. Students are required to submit their complete portfolio files

spell bee words

Dated:-12-09-2026

conditional	nominalisation	concessive	constituency	antecedent
virtual	converging	aperture	periscope	kaleidoscope
barter	transaction	enormous	portability	deferred

اردو				
مخاطب	پلنگ	پھانک	غدار	
منصوبہ	سنجیدگی	شجاعت	تحریک	
Hindi				
संवेदनशीलता	आत्मविश्वास	पर्यावरण	स्वावलंबन	उत्तरदायित्व
औद्योगीकरण	सृजनात्मकता	उत्तरदायी	अभिव्यक्ति	अनुशासन