

Weekly Plan for Grade-7

Week-II		Dated:16-03-26 to 21-03-26			
S.No	Subject	Topic	Page No.	Home Assignment	Activity
1.	English	Chapter 1: <u>Light in the Night</u> Discussion on <ul style="list-style-type: none"> ✚ Hots ✚ Reference to context ✚ Book work 	11-16	<ul style="list-style-type: none"> ✚ After reading the chapter, what is the most important lesson you learned from the story? Explain in 3–4 sentences. ✚ Learn spell bee words for dictation to be held on March 28,2026 	Activity : Then and Now – Street Lights Write 4 sentences comparing street lights in the past and today.
2.	Math	Chapter 1: Integers <ul style="list-style-type: none"> ✚ Exercise 1.1 ✚ Multiplication of Integers 	5 – 9	Application-Based In the morning, the temperature in a city increased by 5°C. Later, it decreased by 3°C. <ul style="list-style-type: none"> ✚ Write the integer sentence. ✚ Change the order of integers and check if the result is the same. ✚ Which property of addition is shown? 	
3.	Science	Chapter 1: Measurement Physics: Introduction to Chapter <ul style="list-style-type: none"> ✚ Mass and weight ✚ Beam Balance and Spring Balance. 	5-7	Think and Answer: <ul style="list-style-type: none"> ✚ Why does a person weigh less on the Moon than on Earth? ✚ What will happen if both pans of a beam balance have equal mass? 	Activity: Lab work: How to measure irregular Area? Chemistry Notebook Submission date: <u>18.03.2026</u>
4.	SST GEOGRAPHY	Chapter 1: Geographical Divisions of India <ul style="list-style-type: none"> ✚ The Northern Plains ✚ The Great Indian Desert ✚ The Peninsular Plateau 	13-23	Notebook work to be completed.	Activity: On the physical map of India, students will locate and label the different physical divisions of India.

		<ul style="list-style-type: none"> ✚ The Coastal Plains ✚ The Island Groups 			
5.	Urdu II Language	سبق نمبر ۱: (نظم) ترانہ وحدت	صفحہ نمبر: 6-4	<p>نظم کو دو تین دفعہ پڑھیں نظم کا خلاصہ لکھنے کی مشق کرائیں گئے مشکل الفاظ کی مشق املائی الفاظ کی مشق۔ املا سٹیچر کو لیا جائے گا۔ ہمیں اللہ کے کن نعمتوں کا شکر گزار ہونا چاہیے ایک مختصر پیرا گراف لکھیے۔</p>	<p>لکھنے کی مہارت شکرگزاری کا مرتبان - سرگرمی</p>
6.	Urdu III Language	عنوان: حروف تہجی کی پہچان (آدھی اشکال، (شرارتی حروف) عنوان: لفظ اور اسکی قسمیں		<p>حروف تہجی کی آدھی اشکال اور شرارتی حروف کی دہرائی ساتھ لکھنے کی مشق بھی کریں۔</p>	<p>طلباء کو کاپی پر شرارتی حروف اور دو چشمی کی سرگرمی کرائیں جائیں گا۔</p>
7.	Hindi II Language	1 विशेषण इस पाठ का परिचय दिया जाएगा।	148- 159	इस पाठ के प्रश्न उत्तर कॉपी पर लिखने को कहा जाएगा।	Activity: बच्चों को एक अनुच्छेद दिया जाएगा जिसमे वो विशेषण वाले शब्द हूँद का लिखे गए
8.	Hindi III Language	1. ईदगाह इस पाठ का परिचय दिया जाएगा।	15 -23	इस पाठ को घर पर पुनः पढ़ने को कहा जाएगा ।	
9.	Computer	Chapter 1:-Number System- (Contd...!)	5-7	Practice conversion of Binary Number system to Decimal Number system	Class room Activity: 1. Group Task: Students will be divided into small groups. Each group will be assigned a number system (binary, octal, hexadecimal). They will be asked to: ✚ Define their number system.

					<ul style="list-style-type: none"> ✚ Provide conversion examples. ✚ Share real-life applications.
10.	Moral Science	Chapter 1: Say Hello!	1-3		Activity Students will participate in an activity in which they will prepare four columns of SWOT analysis— Strengths, Weaknesses, Opportunities, and Threats—and write their viewpoints based on their life experiences in each column.
11.	Skills	Cooking:	Art and Craft:	Stitching:	Artificial Intelligence:
spell bee words					Dated:-28-03-2026
celestial bodies	bonnets	avenue	fuelled	trustworthy	
tonne	gravity	acceleration	neutron	grocer	
embodiment	deciduous	sanctuary	tributaries	terrace	
اردو					
مہتاب	کرک	جلال	دشوازیوں		
وحدت	تخلص	مفہوم	مناظر		
Hindi					
आकर्षक	विशालकाय	सुगंधित	मनोहर	परिश्रमी	
दयालु	तेजस्वी	साहसी	अद्भुत	प्राचीन	