

**“Spend in the Way of Allah and do not cast yourselves into destruction with your own hands;do good, for Allah loves those who do good”** *Surah Al-Baqarah [2:195]*



**“Let us empower  
the daughters of Kashmir  
to make our society stronger”**

**Imtiyaz Kawoosa  
Managing Director, GDGPS**

## **Empowering the Future: Celebrating Daughters' Day at G D Goenka Srinagar**

" Our daughters are the most precious of our treasures, the dearest possessions of our homes and the objects of our most watchful love."— Margaret E. Sangster

We feel immense pleasure to share that Grade-3, G.D Goenka Public School, Srinagar celebrated "National Daughters' Day" today with utmost happiness and love. Daughters are most beautiful and magical creations in their parents' life. A daughter brightens and softens her mother's and father's heart. Daughters add colour, sound, beauty, love, peace, affection, bond and what not to make this earth a better place to live.



It has been narrated in one of the Hadiths that “One who loves his daughters and withstands the hardship of grooming and getting them married, Almighty Allah makes Jannah compulsory (Waajib) on him and keeps him protected from the Fire of Hell.”





## Resonating with Gandhian Values: Grade 6 to Grade 9 Commemorate Gandhi Jayanti in a Thought-Provoking School Assembly

*"If you want real peace in the world, start with children."* Mahatma Gandhi

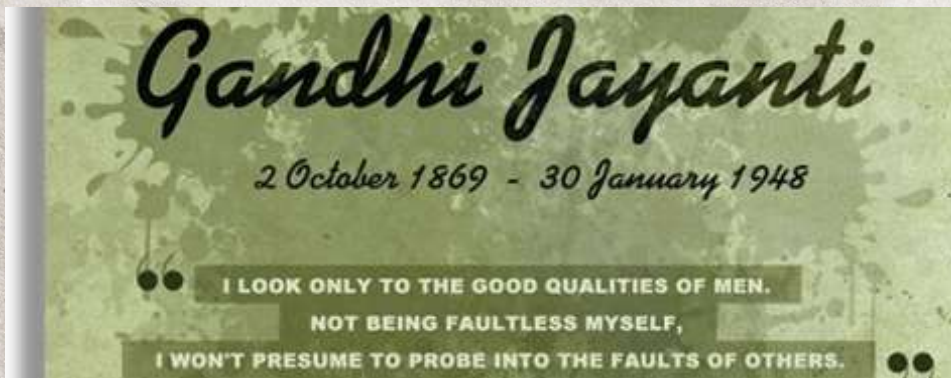


The Gandhi Jayanti celebration started in GD Goenka Public School, Srinagar from 30-09-2023. Students and teachers of Grades 6th to 9th made thought provoking presentations leading light to the life and legacy of Mahatma Gandhi and their speeches were filled with spectacular appeal and enthusiastic essence.



The enactment of the culture of CHARKA as a symbol of simple and minimalistic living and the Gandhian ideals of Satya, Ahinsa and Satyagraha were sensational to the student community. The culmination of the event witnessed the administration of the oath-taking by the gathering for the unity, integrity, peace and prosperity of our mother country following the footprints of Gandhiji.

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## Junior Wing Commemorates Gandhi Jayanti with Inspiring Assembly Celebrations

To mark the celebration of the birth anniversary of Mahatma Gandhi - the pioneer of truth and non violence, the man who spun the wheel of fortune, a special assembly was conducted by Junior School Council of GDGPS, Srinagar on 3rd October, 2023.

To pay homage to the great leader, children dressed up like Mahatma Gandhi and quoted his wise words, along with inspiring speeches on Gandhiji's life especially on non violence and truthfulness.



## Students of Grades 7 and 8 Illuminate Gandhi Jayanti with Inspirational Assembly and Riveting Act!

At G D Goenka International School in Srinagar, Jammu and Kashmir, a vibrant celebration marked the International Day of Non-Violence, also known as Gandhi Jayanti. The event comprised various engaging activities in honor of Mahatma Gandhi's philosophy of non-violence.



One of the notable activities was the enactment of Sathyagraha, where students and teachers showcased the essence of peaceful resistance, portraying Gandhi's powerful principles. This theatrical representation aimed to spread awareness and understanding of the impact of non-violent protest in effecting change.

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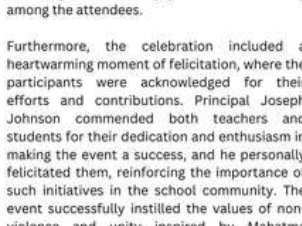
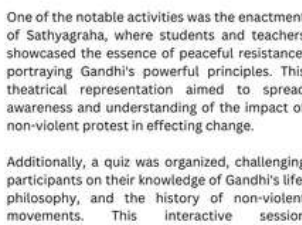
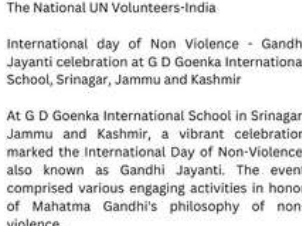
The United Nations Volunteers (UNV) programme is the UN organization that contributes to peace and development. UNV works in 150 countries and territories, deploying UN Volunteers to advance sustainable development at grassroots level.



## G.D. Goenka Public School, Srinagar , on the UN Volunteer Wall on facebook

G.D Goenka Public School Celebrations for Gandhi Jayanti & Mental Health Day got published on the UN Volunteer Page, also articles written by teachers on these topics were published in UN News.

## The National UN Volunteers-India



The National UN Volunteers-India

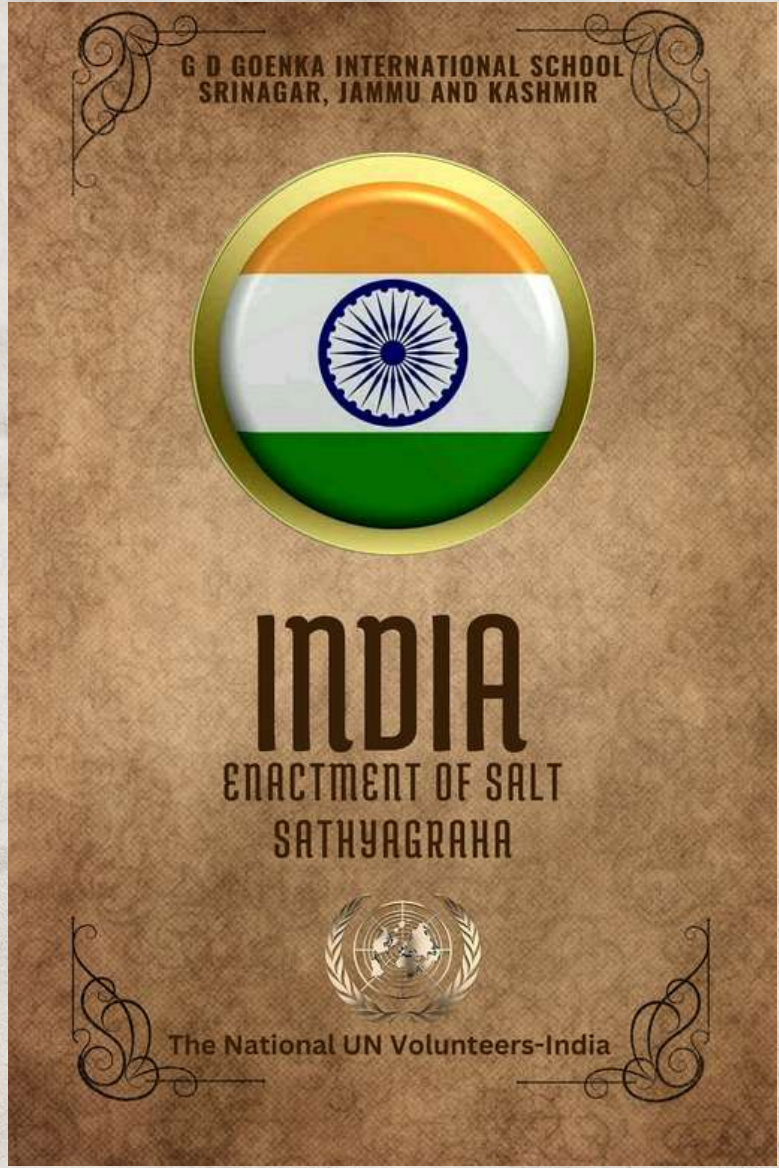
International day of Non Violence - Gandhi Jayanti celebration at G D Goenka International School, Srinagar, Jammu and Kashmir

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One of the notable activities was the enactment of Sathyagraha, where students and teachers showcased the essence of peaceful resistance, portraying Gandhi's powerful principles. This theatrical representation aimed to spread awareness and understanding of the impact of non-violent protest in effecting change.

Additionally, a quiz was organized, challenging participants on their knowledge of Gandhi's life, philosophy, and the history of non-violent movements. This interactive session encouraged active engagement and learning among the attendees.

Furthermore, the celebration included a heartwarming moment of felicitation, where the participants were acknowledged for their efforts and contributions. Principal Joseph Johnson commended both teachers and students for their dedication and enthusiasm in making the event a success, and he personally felicitated them, reinforcing the importance of such initiatives in the school community. The event successfully instilled the values of non-violence and unity inspired by Mahatma Gandhi's timeless teachings.



## Empowering Tomorrow: Grade 7 Assembly Explores Digital Innovation and Technology's Role in Advancing Gender Equality!

A special assembly on "Digital Innovation and Technology for Gender Equality" was conducted by Grade 7 on Oct 16, 2023. Children presented a talk show to express their support to digital

innovators and designers to benefit girls and young women equally and help close the gender digital divide. The act received numerous accolades from the audience.



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## Grade 7 Coordinator Urges Support and Awareness on World Suicide Prevention Day: A Call to Prioritize Mental Health in Our School Community



### WORLD SUICIDE PREVENTION DAY



In a remarkable display of commitment and empathy, Miss Shazia Mir, the Grade 7 Coordinator at G D Goenka, has been acknowledged for her insightful article on World Suicide Prevention Day. Miss Mir's article, titled "Education to protect the precious lives" delved into the pressing issue of mental well-being among young individuals and offered practical solutions for supporting those struggling

with mental health concerns.

Congratulations, Miss Shazia Mir, for your outstanding contribution to the discourse on adolescent mental health and for fostering a culture of empathy and understanding within our educational landscape.



## Student Efforts Shine Bright: A Successful Gandhi

### Jayanti Assembly Celebration!

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importance of such initiatives in the school community. The event successfully instilled the values of non-violence and unity inspired by Mahatma Gandhi's timeless teachings.

## Empowering Minds: School Comes Together to Mark World Mental Health Day with Compassion and Support

*"One small crack does not mean that you are broken, it means that you were put to a test and you didn't fall apart"*

Mental health is one of the elements that shape us and our personalities. Even though it plays a crucial role in our lives, it is still considered taboo to discuss it in public. As a result many people especially children suffer behind closed doors, unable to seek help. World Mental Health Day is observed every year on the 10th of October.

This year Mental Health Awareness Week is being observed from October 4 to October 10, and the theme is "Mental health is a universal Human Right".



Regarding this, on Saturday, October 7, 2023, a mental health awareness session was held at GD Goenka, Srinagar, where eminent medical professionals from the Institute of Mental Health and Neuro-sciences, addressed students and teachers.

**Dr. Yuman Kawoosa**, senior lecturer at IMHNS, and **Dr. Atiya Faheem**, senior resident at IMHNS, Srinagar, were among the distinguished guest speakers.

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Dr. Yuman Kawoosa provided a thorough analysis of substance abuse, its causes, effects, and preventive strategies. She went on to describe the various types of stresses that adolescents experience as well as how to manage them. Dr. Atiya discussed



Adolescent behavioral problems, anxiety, warning signals, and when to seek help.



The program came to an end with the Principal, Mr. PJ Johnson, presenting the guests with appreciation awards. Mr. Johnson emphasized the importance of these outreach programs to lower the alarmingly high rates of youth suicide and behavioral problems.



## Experience the Vibrant Spirit of Carnival: Student-Crafted Video Link Takes You Inside the Festivities!



## کشمیری گوئنکنز

Click on: <https://fb.watch/ocGqQAVwPH/>

## Students Shine a Spotlight on Mental Health: Inspiring Assembly and Skit for World Mental Health Day

In commemoration of World Mental Health Day, GD Goenka Public School observed it today with a mission to raise awareness regarding the crucial role mental health services play within the school setting.

In a powerful and captivating skit, students from classes 11th and 9th showcased their theatrical talents, under the guidance and supervision of Dr. Nafesa, the school counselor. The skit artfully conveyed a potent message to eradicate the stigma and discrimination often associated with seeking mental health support.



It emphasized the necessity of fostering an inclusive and supportive society, encouraging individuals to proactively seek assistance when needed. Principal Mr. P.J. Johnson acknowledged and commended the relentless efforts of both the students and the school counselor in orchestrating this impactful event, recognizing it as a resounding success.





## Charting Future Paths: Empowering Grade 10-12 Students through Insightful Career Counseling Session

*"Opportunities don't happen, You create them."*

**G**D Goenka Public School organized a career counseling session for the students of grades X-XII, on Monday 16-Oct-2023. With a plethora of career options available in contemporary times, the role of a career counseling session becomes indispensable.

The workshop was led by Mr. Muneeb Farooq, CEO of PREZLAN Educational Services, a well-known figure in the career counselling field.



The free educational opportunities, fellowships, scholarships, and career growth were explained to the students in the session. Further, Mr Muneeb also gave students a briefing on the admissions process for the "IVY leagues," a collection of universities with the highest rankings in the globe.



To emphasize the value of education, he covered an array of exam strategies, such as SAT, ACT, and IMAT, all of which have proven to be very helpful in advancing one's career. Students were informed of the value of internships in developing their resumes. Additionally, he accentuated the significance of the Psychometric Analysis Test (PAT), which aids students in recognizing their tendencies.



The workshop culminated in a question-answer session where the guest speaker clarified the student's doubts and provided insight into gaining skills for career-oriented courses.

Overall the session was immensely enriching and interesting and the students were highly satisfied. The chief guest was presented a memento by the Principal Mr. P.J Johnson, as a token of appreciation for guiding the students towards a better future.



## School's Spectacular Carnival Extravaganza: A Day of Fun, Games, and Delight for All!

GD Goenka Public School Srinagar nurtured a dream and turned it into a wonderful memorabilia by organizing its first ever Carnival on 21st and 22nd of October, 2023 to bring in amusement that can fill every little heart with great felicity.



October saw the exuberant celebration and fun filled days on the grounds of G.D.Goenka School. The School's sprawling ground bore a very festive look and the entire ground buzzed with various activities.

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Numerous games stalls, art and craft corner, hand paintings, jewellery and various other stalls were set up along with an aromatic food court which showcased the cooking expertise of some of the leading food brands of the valley. The stage was set on fire by performances of students, parents and teachers. The event was also graced by the valued presence of some of the prominent dignitaries of the valley.



It was a fun enthused day and the entire field was filled with people of all age groups enjoying themselves at various stalls.

The zest and zeal exhibited by an enthusiastic crowd of visitors and participants ensured an unforgettable time with near and dear ones. With everyone enjoying as one big family, the Carnival was a grand success. The bright faces and happy smiles were ample proof that indeed it was a memorable event for all.



# KASHMIRI GOENKANS كشمیری گوئنكنز



## Little goenkans at the GOENKARNIVAL showcasing the Kashmiri Culture.



كشمیری گوئنكنز

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**A child can improve their endurance , stamina and energy by dancing , little goenkans enjoying the dance.**





# KASHMIRI GOENKANS كشمیری گوئنكنز



**Music has infinite power to reach the gap between the heart and the soul to create unlimited and ineffable joy.**



# KASHMIRI GOENKANS کشمیری گوئنکنز

Editors: Ms. Shazia Mir, Ms. Samrah Akram



**Nothing in the universe can stop you from letting go  
and starting over .**



Editors

Ms. Shazia Mir, Ms. Samrah Akram

کشمیری گوئنکنز