



G. D. GOENKA PUBLIC SCHOOL, SRINAGAR

Subject: EVS

Class: 2nd

Week 15 (Day - 3)

Date: 10-11-2021

Aspect: Supporting Content (Home Assignment).

Lesson No.7

TOPIC: SAFETY AND FIRST AID.

NOTE: This PDF is not to be printed.

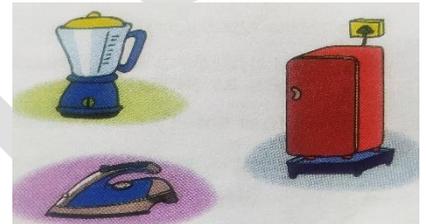
Safety

It is the condition where one is being protected from harm or other danger. It also means to avoid accidents by being careful with what we are doing. Accidents can take place anywhere and it results in pain, injury or even death. To prevent accidents, we all need to follow safety rules.

Safety rules

a) At home

We must use and handle all the electrical goods carefully so that we do not get an electric shock. We must avoid touching all these gadgets with wet hands.



b) While playing

Children should not play with gas stoves, burning candle or matchsticks. While playing they must follow rules of the game. They should not fight with each other. They must be not allowed to play near a well, thorny hedge or barbed wires.

c) At school

In a classroom, children should not jump on benches or desks. They must avoid keeping and using sharp items like scissors, blades or knives and should not scatter books, pencils, school bags on the floor to prevent themselves from getting hurt.



d) On the road

Always walk on a footpath and we all must avoid talking on a mobile phone while walking on the road or crossing the road.

Choose to cross the road at zebra crossing and obey traffic lights.



First Aid

It is the immediate care provided to the person who is injured or ill until full medical treatment is made available. For small problems, first aid care is enough but for the serious conditions it should be continued until treatment becomes available.

a) Cuts

If we get a cut on a finger, we must clean it with cold water, apply antiseptic cream and cover the wound with a clean cloth.

b) Burns

While cooking or lighting fireworks if we get burns, we should wash the affected area with cold water, apply Burnol or antiseptic cream with a clean cotton ball. In case if a person gets blisters after burns then he/she we must avoid breaking them.

c) Electric shocks

A person may sometimes get an electric shock if he/she touches the electric appliance. In such a situation one must immediately switch off the appliance or the main switch. When these kinds of accidents take place adults must be informed so that the injured person gets proper medical attention.

Have a nice day. 😊